

Resources

- Book – *Emotional Intelligence* by Daniel Goleman
- Book – *Whole new Mind* by Daniel Pink
- Book – *Dare to Lead* by Brené Brown
- Podcast – *Oprah Super Soul Sunday* with Daniel Pink
- Podcast – *Oprah Super Soul Sunday* with Brené Brown
- Video – Ted Talk 'Why we do what we do' by Tony Robbins

One of the greatest ways to fill the needs of the spirit (Growth and Contribution) is to take what you have learnt and apply this with the teams you lead and those that are important to you.

Cheers
Kylie and Cherie